

FOOD FOR THOUGHT:

“To the world, you may just be somebody. But to somebody, you may just might be the world.” – Unknown

BBBSH EVENTS:

· Catch-and-Release Fishing/Picnic - Saturday, Mar. 19th, time TBD

Come join us for some good ole' fashioned fishing and picnic afterward at Ho'omaluhia Park in Kaneohe. Match Support Specialist Jeff Mullis organized this fun group activity for our matches, and all you need to bring is yourselves as poles and lunch will be provided. Please RSVP to your Case Manager, limited to 25-matches.

· Community Service Clean-up Day – Saturday, April 16th, 9am – 11am

Regretfully, we had to cancel our plans to be involved with the community day cleaning of an ancient Hawaiian fishpond we had tentatively scheduled for April 16th. Their hours did not fit into the desired scheduled. But fear not, since you already have the date reserved, we are still planning on having a Community Service Clean-up Day on Apr. 16th to beautify Ala Moana Beach Park from 9am-11am. Of course, we'll provide lunch for all our hard workers. More info to come, but make plans to join us in teaching your Little to give back to the community. RSVPs now being accepted.

· For those still interested in doing a Waikalua Loko Fishpond clean-up, check out their website for community clean-up days. It can still be a fun match activity in a historical, scenic setting if you can make it from 8am-12noon. In the future, we may still try to see if we can arrange for just a BBBS community work day with more reasonable hours.

· Bullying at School (From Case Manager Alicia)

I know that recently a few of the Bigs on my caseload have mentioned that their Littles are being bullied at school. Bullying can be a really tough problem to overcome and can impact a child's confidence, academic performance, and compromise their safety. Feel free to check out this site for helpful strategies that you can pass along to your Little: <http://www.msnbc.msn.com/id/3032600/vp/41831581#41831581>

· Remember to Practice Self-Care

It can be easy to forget about saving time for yourself while trying to squeeze a lot into your workdays and time off, in addition to spending time with your Little. Additionally, sometimes hearing about struggles your Little or Little's family is going through can be really tough to hear, and possibly emotionally exhausting. It may be hard to see a situation and not be able to fix it! Attached is [some information on practicing self-care](#) if you are interested in checking it out. Also, feel free to call your Case Manger at anytime if you have any questions or would like to talk about your match.

WEEKEND HAPPENINGS:

All Weekend

· Honolulu Festival: Friday through Sunday at various locations around the Waikiki area. Experience the sights, sounds and flavors of this cultural exchange of countries from all over the Pacific Basin. The festivities also include a grand parade and a fireworks display, which will culminate the event on Sunday. For the event schedule and more info, just Google Honolulu Festival 2011. 531-0244.

Friday, March 11th

· International Night: Garden of Aloha, UH Campus Center Ballroom, 2500 Campus Road, 6-9pm. The event fosters the idea of Hawaii as a place where multi-cultural communities can grow and blossom together showcased in interactive exhibits and life performances from various countries around the world. Free, but donations to the Hawaii Food Bank are accepted. 741-6176.

Saturday, March 12th

- Annual Hanayagi Dancing Maizome: Traditional Japanese dances with a shamisen showcase from the academy's best and brightest students. Mission Memorial Auditorium, 550 S. King St.: Sat., 3/12, (1pm) Free.
- Hawaii Handweaver's Hui: Fiber fun for all ages. Weave on a table loom; learn the hand-tying tradition of kimono. Hawaii State Art Museum, 250 S. Hotel St.: Sat., 3/12. Free.
- Moiliili Community Clean-Up: Cut grass, pick up trash with others who take pride in their communal backyard. Kalo Street Mini Park, Varsity Circle: Sat., 3/12, (8am--Noon) Free. moiliilimatters.com, 497-5212
- 83rd Annual Lei Queen Selection: Six kupunahine compete for top haku honors at this lei making skills event. McCoy Pavilion, Ala Moana Beach Park: Sat., 3/12, (9am--2:30pm)
- Coin Show: Collectors revel in treasures that are more than just a dime-a-dozen. YWCA, 1040 Richards St., Room 307: Sat., 3/12, 538-7061
- Mods vs. Rockers Scrimmage: Skates, skinny ties, and leather collide at this Pacific Roller Derby. RSVP required for non-military. Hideaway Club, USCG Air Station at Barber's Point 1 Coral Sea St.: Sat., 3/12, (4pm) \$5. 682-2731. Pacific Roller Derby is collecting clothing donations for Big Brothers Big Sisters of Honolulu.
- Internet Safety Workshop: Windward Community College, Hale Kuhina, 45-720 Kealahala Road in Kaneohe, 9-11am. This Free workshop is geared toward cyber safety education and awareness. 235-7433.
- Japan Hawaii Culture Expo 2011: Celebrate the historically rich ties between Hawaii and Japan with various arts and entertainment. With 15,000 expected to attend, it's never been stronger. Hawaii Convention Center, 1801 Kalakaua Ave.: Sat., 3/12-Sun., 3/13. 943-3500
- Medieval Waldorfaire: Step back in time into the Middle Ages. Engage in jousting and archery mixed with dunking booth, climbing wall, zip-line, mini-Ferris wheel, and ponies. Honolulu Waldorf School, 350 Ulua St., Niu valley: Sat., 3/12, (10am-4pm) Free. 377-5471
- Keiki Explorer Club, Flutterbye Butterflies: This fun workshop will explore the importance of butterflies as beneficial insects, discover how they help plants, learn about their life cycle, what they eat, and what flowers attract them. Each keiki will receive a caterpillar and food to take home so they can experience the joy of watching a caterpillar turn into a butterfly before their eyes.
- The Green House: Saturday, March 12th, 10 - 11:30am, Keiki with adult \$20, Advanced Registration Required, register online www.thegreenhousehawaii.com or call (808) 524-8427
- Taking it to the Streets - Guerrilla Gardening: In this workshop, participants will roll up their sleeves to create gardens in the most unlikely places! Even urban dwellers can find hidden gardening potential between sidewalk cracks and discover innovative ways to optimize the growing potential of neglected spaces.
- Herbal Magic - Making Herbal Medicine: Herbalist and ethnobotanist Laura Shiels will teach a variety of techniques used to unleash the healing and beautifying power of herbs. This workshop will focus on the process of making herbal tinctures, essences, poultices, hot and cold water infusions, and hydrosols. A booklet of recipes will be provided.

CLASSES:

- Coconut Leaf-Weaving (Ulana Lau Niu) Demonstrations: 3 to 6 p.m. Sundays at Royal Hawaiian Center, Royal Grove.
- Free Ukelele Lessons: 5 to 7:15 p.m. third Thursday of the month at Windward Mall Center Court. For all ages and skill levels sponsored by 'Ukulele Club of Hawaii; features instruction by a different local artist each month. Bring your own instrument or borrow one. Call 234-2868.
- Free Harmonica Lessons: Hawaii Harmonica Society offers free classes Mondays at Beretania Community Recreation Center. Call 833-4336 or 522-7022.
- Magic: 6-7 p.m. fourth Thursday of the month at Kalihi-Palama Public Library. Call 234-5262.
- African Dance: 7:15 to 8:45 p.m. Mondays at Kailua Movement Studio, 776 Kailua Road. Includes Pilates warmup; for all ages and levels. Cost: \$10 per person. Call 277-7347.
- Brazilian Dance: 3 to 5 p.m. Sundays at 1007 Waimanu St. Cost: \$5. Call 373-2667.
- Hula Dance: All ages, all skill levels: 6:30 to 7:30 p.m. Saturdays at Aloha Activity Center, 725 Kapiolani Blvd. Cost: \$10 per class. Call 677-7341.
- "Keiki Craftivity" classes at Ben Franklin Crafts: Saturdays, 9 to 11 a.m. at both Mapunapuna and Market City; 10 a.m. to noon at Pearl City; and 12:30 to 2 p.m. at Enchanted Lake. Different mini projects weekly. Visit www.bfcraftclub.com<<http://www.bfcraftclub.com>>.
- Free Hawaiian Language Lessons: 6 p.m. first Tuesday of the month at Liliha Public Library, 1515 Liliha St. Quick introductory "60-Minute Hawaiian" session repeated since 1974 by volunteers of The Program to Preserve Hawaiian Place Names. Arrive on time for handout distribution. Call 587-7577.
- The Bead Society: 7 p.m. last Wednesday of the month at Academy Art Center at Linekona. Visitors: \$5. Call 487-2090.

ONGOING:

- Ghost Tour: Take a ninety minute walk to haunted sites and mystical places in downtown Honolulu and Chinatown. Visit stevestoursandfilms.vpweb.com or call 395-0674. Tuesdays, Thursdays & Saturdays, 7:30pm. Meet in the Capitol District.
- The Contemporary Museum: 2411 Makiki Heights Dr. Open Tue.--Sat., 10am--4pm; Sun., 12--4pm. \$8 adults; \$6 students/seniors (Free every third Thursday of the month). 526-1322
- Academy Art Center at Linekona: 1111 Victoria St. Open Tue.--Sat., 10am--4:30pm; Sun., 1--5pm. Free admission. honoluluacademy.org, 532-8700
- Honolulu Academy of Arts has free admission every 3rd Sunday of every month http://www.honoluluacademy.org/events/bank_of_hawaii_sunday/5222-year_rabbit
- Hawai'i State Art Museum: open from Tues - Sat, 10 am - 4 pm. Free admission. <http://www.hawaiiartmuseum.org>
- Waikiki Aquarium (420 species!): 2777 Kalakua Ave 9am-4:30pm. \$9 adults (Hawaii residents & military with ID, \$6), \$4 kids (ages 113-17), \$2 kids (ages 5-12).
- Children's Discovery Center: Kids can present a puppet show, dress up like a doctor, play virtual volleyball, explore the inside of a mouth, visit different cultures, test their wheelchair skills, put on a play, make crafts and much more at this interactive museum. 110 'Ohe St.: Tue.--Fri., 9am--1pm; Sat. & Sun.,

10am--3pm. \$8 adults, \$6.75 kids 2--17. 524-5437

· LEGO Monthly Mini Model Build: On the first Tuesday of each month from 5 - 7 p.m. at Ala Moana LEGO Store you can learn how to build a cool LEGO mini model, and take it home - for free! A new model will be available every month and will be specially themed to that month. While supplies last. Models are not for sale and cannot be purchased. This event is open to children aged 6 to 14 only. One free model per child.

REMINDERS:

· Kualoa Ranch has a standing 50% discount for Littles off their horseback riding when accompanied by their BIG. Mention the BBBSH discount when RSVP-ing. 237-7321.

· Foster Care: Please spread the word that there is a large shortage of foster care families in our community. For more information, check out www.pidfoundation.org or call 441-1117. Also, attached is a flyer of information.

· Legacy Tree Program: This environmental program aims to replenish Hawai'i's lush environment while fostering the growth of Hawai'i's children and youth. For each Legacy Tree that is sponsored, \$20 will be allocated towards Big Brothers Big Sisters' mentoring programs. Please help us spread the word! For more information, check out: www.legacytrees.org or contact Roger Higa at 695-4571.